

THE
SIXTH LOCK
BAR

CONTINENTAL OFFERING

****No Supplement to Breakfast Inclusive Guests****

Warm Fruit Scone**^(1Wheat,3,7) €4.50
Served with butter, preserve & whipped cream

Flahavan's Porridge**^(1Wheat,7) €7.50 Creamy
porridge with honey & berries OR banana (Alternative
milks available on request)

Baked Ham & Cheese Croissant**^(1Wheat,7) €7.50
Sliced baked Ham with Dublin red cheddar

The Sixth Lock Acai Bowl**^(5 peanuts,1wheat, oats) €12.50
Frozen strawberry, banana & coconut açai,
topped with Paddy's Irish granola, strawberries, flaked coconut,
peanut butter and banana

HOT BREAKFAST

Supplement of €8 to Breakfast Inclusive Guests

Bacon Bap*^(1Wheat,3,7) €9.50
Brioche roll with Bacon, Sausages & Ballymaloe relish

Poached Eggs and Smashed Avocado*^(1Wheat,3) €15
On toasted sourdough ciabatta, olive oil drizzle

French Toast*^(1Wheat,3,7) €15
Smoked streaky bacon, Canadian maple syrup

Classic Eggs Benedict*^(1wheat, 3,7,12) €16.50
Two poached eggs, seared Irish bacon on a toasted English
muffin, topped with hollandaise sauce.

****No Supplement to Breakfast Inclusive Guests****

Vegetarian Breakfast**^(1 Barley, wheat, 6,12) €16.50
Two eggs any style,
Vegan sausage, tomato, mushrooms, beans & sauteed potatoes
(served with toast & tea or coffee of your choice)

Irish Breakfast**^(1 Oatmeal, wheat, rusk wheat, 3,6,7) €22.50
Two eggs any style
Irish back rasher, sausage, black & white pudding,
tomato, mushrooms, beans & sauteed potatoes (served
with toast & tea or coffee of your choice)

3 Egg Omelette**^(3,7) €15

Choice of toppings:
Ham, Dubliner Cheddar Cheese, Tomato, Onion, Mushrooms

Selection of Pastries and Danish's from our Bar Counter

****No Supplement on Hot Drinks to Breakfast Inclusive Guests****

COFFEES

Americano	€4.50
Cappuccino	€4.75
Espresso	€4.00
Double Espresso	€4.50
Latte	€4.75
Macchiato	€4.25
Hot Chocolate	€5.00
Mocha	€4.75

BEVERAGES

TEAS

Irish Breakfast	€3.75
Peppermint	€4.00
Green Tea	€4.00
Earl Grey	€4.00
Camomile	€4.00
Ginger & Lemogress	€4.00
Rooibos & Orange	€4.00
Summer Fruit	€4.00

FLAVOURS

Caramel	€1.00
Hazelnut	€1.00
Vanilla	€1.00

All prices in Euros, VAT included at the current rate. Gratuities not included
(V) VEGETARIAN (VG) VEGAN (GF) GLUTEN FREE *CONTAIN ALLERGENS, LISTED BELOW.
1.Cereals containing gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5 Peanuts, 6. Soybeans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard,
11. Sesame seeds, 12. Sulphur dioxide and sulphites,13. Lupin, 14. Molluscs